

Girls on the Run of Nebraska Registration



Return this form to Calvert Rec Center ASAP to join team Tuesday, Sept. 8.

Participant Information

Registration Deadline: ~~Aug. 28~~ **NOW!**

Full Name: _____ School: _____

Circle Grade: 3 4 5 Date of Birth: / / Age: _____ Address: _____

City: _____ Zip: _____ Home Phone: _____

Has your daughter participated in Girls on the Run during a prior season? **Yes** **No**

Circle T-Shirt Size: Youth M (10-12) Youth L (14-16) Adult S Adult M Adult L Adult XL

Parent/Guardian 1

Name:	Cell Phone:
Employer:	Alternate Phone:
Relationship to Participant:	Email:

Parent/Guardian 2

Name:	Cell Phone:
Employer:	Alternate Phone:
Relationship to Participant:	Email:

ATTENDANCE POLICY:

It is very important your child attends all sessions possible. If a participant is absent four or more times, she may be asked to leave the program. Girls aren't allowed to attend only one meeting per week as they will not receive the full benefits of the program, including adequate training to complete the season-ending 5K run/walk.

PICK-UP AUTHORIZATION:

We care about the safety of our participants. For this reason, we ask that you list all individuals (other than parent/guardian) authorized to pick your daughter up from Girls on the Run.

Name:	Relationship:	Phone:
Name:	Relationship:	Phone:

Special Calvert Tuition -- \$30 **SCHOLARSHIPS ARE AVAILABLE!**

The financial sustainability of our program depends on the honesty and integrity of parents who choose their appropriate registration amount. It is essential that each family contribute as much toward the full cost of the registration fee as they can afford. Local fund raising efforts and donations help to bridge the gap between program fees paid and necessary sponsorship.

*If you require financial aid, please enter the total amount you are able to pay here (minimum ~~\$20~~ \$ _____)

*I would like to donate an additional \$ _____ to make Girls on the Run of Nebraska available to all girls in the region.

Please make check payable to Girls on the Run of Nebraska.

I have fully read all of the permissions, policies, and releases (on both sides of this form). I understand them and I expressly agree to them. I hereby certify that there are no contraindications to the Participant's participation in The Girls on the Run program. I am the parent or legal guardian of the Participant, and this permission and release is binding on me and my executor, administrators and heirs.

Signature of Parent/Guardian: _____ Date: _____

HEALTH INFORMATION

Allergies (please list any/all allergies participant has experienced):	<input type="checkbox"/> Epi-Pen?
Medications (please list any/all medications participant is currently taking):	
Any special physical or medical problems student has:	

INSURANCE INFORMATION

Is participant covered by insurance?	Yes <input type="checkbox"/> No <input type="checkbox"/>	Carrier/Plan Name:
Name of Insured:	Group No.:	
Relationship to Participant:	Policy No.:	

EMERGENCY CONTACTS (contacted only after effort to reach parent/guardian fail)

Contact No. 1:	Work Phone:	Cell:
Relationship:	Email:	
Contact No. 2:	Work Phone:	Cell:
Relationship:	Email:	

Program and 5k Event Participation

I am the parent or legal guardian of the Participant named above. I agree that the Participant may participate in the Girls on the Run program. The purpose of the program is to increase the Participant's activity/fitness level and self-esteem while at the same time teaching life skills that will be beneficial to the Participant as she enters middle school/adolescence. I understand that during the program, the Participant will be involved in outdoor physical activities. Physical reactions to exercise may include heat-related illness, abnormal heartbeats and blood pressure and, in rare instances, events such as heart attacks. While Girls on the Run takes all reasonable precautions, we can make no guarantees regarding these and other risks. Recognizing the risks of the program, and in consideration for allowing the Participant to participate in the program, I hereby release, discharge and agree to hold harmless, and to indemnify each of Girls on the Run of Nebraska and Girls on the Run International, their owners, directors, officers, contributors, sponsors, employees, contractors, agents and assigns against and from any causes of action, claims, demands, damages, costs, loss of services, expenses, compensation, all consequential damages and attorneys' fees (regardless whether pursuant to the laws of any county, state or country) claimed by, through or on behalf of me or the Participant related directly or indirectly to the program (including without limitation the 5k race), and specifically including any and all claims for personal injuries sustained while participating in program activities without regard to negligence or negligent conditions.

Permission to Provide Necessary Treatment or Emergency Care

In addition, I hereby authorize Girls on the Run of Nebraska, if after a reasonable attempt has been made to reach a parent, guardian or emergency contact to obtain consent, or if sound medical practice decrees that there is not time to make such an attempt, to consent to any x-ray examination, anesthetic, dental, medical or surgical diagnosis or treatment, and hospital care, to be rendered to the Participant under the general or special supervision and on the advice of any physician or surgeon who may treat the Participant, and consent to any x-ray examination, anesthetic, dental, medical or surgical diagnosis or treatment and hospital care, to be rendered to the Participant by any health care professional who may treat the Participant. I agree to pay for any such treatment and to reimburse Girls on the Run of Nebraska for all costs and expenses it may incur related to such treatment.

Photograph Release

I hereby grant Girls on the Run, its National Title Sponsors, its National Sponsors, and all assigns, licensees, successors in interest, legal representatives, employees, consultants, and those acting with permission or authority of the aforementioned parties, the absolute, irrevocable and unrestricted right to use photographs, videos likeness and audio (including without limitation all originals, negatives, prints and transparencies or any duplicates or reproductions of the foregoing) that have been or will be taken of the Participant (collectively, "Images"), in which the Participant may be included with others, to copyright the same, in the name of Girls on the Run or otherwise; to use, re-use, publish and republish the same in whole or in part, individually or in conjunction with other photographs and videos, and in conjunction with any printed matter, in any and all media now and hereafter known, and for any purpose whatsoever; and to use my name in connection herewith. I hereby release and agree to hold harmless Girls on the Run and all aforementioned entities, from any damages or liability relating to or arising from any use of or modification, alteration, distortion or other change to any of the Images and/or information gathered, unless it can be proven that such reproduction were maliciously caused, produced and published for the sole purpose of subjecting Participant to conspicuous ridicule, scandal, reproach, scorn and indignity. I hereby waive any claims I may have based on any usage of the Images, information gathered, or works derived thereof, including but not limited to claims for either invasion of privacy or libel. I represent, warrant and agree that the Participant will not disaffirm or disavow this release on the ground that the Participant was a minor on the date it is executed or any similar grounds whatsoever.

General Consent Information

I expressly agree that this consent is intended to be as broad and inclusive a release of liability as permitted by applicable law and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect. I hereby warrant and represent that I am 18 years old or older; I have carefully read this consent and agree to its terms and conditions, that before signing this agreement I had the chance to ask questions; and I am aware that by signing this consent, I assume all risks and waive and release certain substantial rights that I and participant may have or possess against Girls on the Run of Nebraska and Girls on the Run International. To the extent permitted by applicable law, I hereby irrevocably and unconditionally waive trial by jury in any legal action or proceeding related to this agreement.